



# **Your Complete Guide to our Courses**

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# **Chinese Course**

#### Week one

- 1. China and it's culture
- Kung Fu, ping-pong
- What is Pinyin?
- What is tonal language?
- How does Chinese language different from other languages?

#### Week two

- 2. Greetings
- Nihao
- How do you do?
- 3. Nationality
- Ethiopia, China, USA, England, Japan,...
- Which country are you from?

#### Week three

- 4. Directions
- This, that
- East, West, north, south,
- Left, right
- Where is the library?

#### Week four

- 5. Time
- Days, weeks, months and years
- What time is it?
- Do you have a class tomorrow?

#### Week five

6. Numbers

(Counting numbers)

- 1-10
- 10-100

#### **Week Six**

- 7. Phone number
- What is your phone number?

### **Week Seven**



- 8. Measuring words
- 9. Foods and shopping
- Eat and drink
- I would like to buy two bottles of water.

# **Week Eight**

# 10. Family members and animals

- Dad, mom, brother, sister
- Dog, cat
- I have a dog
- 11. Weather
- What's the weather today?

# **Week Nine**

- 12. Colors
- Red, white, blue...
- What color is this?
- 13. HSK preparation



# Soft Skills

Age 6 to 14 (to be adopted according to the age group: 6 to 10 and 11 to 14)

The following are just a few must-have examples of soft skills that can be taught to children. It's important to tailor the curriculum to the specific needs and interests of the students to ensure that they are engaged and motivated to learn.

- **1. Communication skills:** Teaching children how to communicate effectively with others, both verbally and non-verbally, can help them build strong relationships and succeed in various social situations.
  - a) Role-playing: Encourage children to practice communication skills by role-playing different scenarios, such as ordering food at a restaurant or asking for help in a store.
  - b) **Active listening:** Teach children how to listen actively by making eye contact, asking questions, and summarizing what the other person has said.
  - c) **Body language:** Teach children how to use body language to convey their message, such as using gestures and facial expressions to express emotions.
  - d) **Public speaking:** Encourage children to practice public speaking by giving presentations or speeches in front of their peers.
  - e) **Writing skills:** Teach children how to write effectively by practicing different writing styles, such as persuasive writing or storytelling.
  - f) **Conflict resolution:** Teach children how to resolve conflicts by using effective communication skills, such as active listening, empathy, and compromise.
  - g) **Social skills:** Encourage children to practice social skills by engaging in group activities, such as team sports or group projects, where they can learn how to communicate effectively with others.
- **2. Teamwork:** Encouraging children to work collaboratively with others can help them develop important skills such as leadership, problem-solving, and conflict resolution.



- a. **Group projects:** Assign group projects to children where they have to work together to achieve a common goal. This will help them learn how to collaborate, delegate tasks, and communicate effectively with each other.
- b. **Team-building activities:** Organize team-building activities such as scavenger hunts, obstacle courses, or group games that require children to work together to solve problems and achieve a common goal.
- c. **Role-playing:** Encourage children to practice teamwork skills by role-playing different scenarios, such as working together to build a tower or completing a puzzle.
- d. **Peer mentoring:** Pair children with different skill levels and encourage them to work together to learn from each other. This will help them develop leadership skills and learn how to support and encourage their peers.
- e. **Reflection and feedback:** Encourage children to reflect on their teamwork skills and provide feedback to each other on how they can improve. This will help them develop problem-solving and conflict resolution skills.
- f. **Community service projects:** Encourage children to participate in community service projects where they can work together to make a positive impact in their community. This will help them develop a sense of responsibility and teamwork skills.
- **3. Time management:** Teaching children how to manage their time effectively can help them prioritize tasks, meet deadlines, and achieve their goals.
  - a. Create a schedule: Help children create a schedule that includes time for homework, chores, extracurricular activities, and free time. This will help them learn how to prioritize tasks and manage their time effectively.
  - b. **Set goals:** Encourage children to set goals for themselves and create a plan to achieve them. This will help them learn how to manage their time effectively and stay focused on their priorities.



- c. **Break tasks into smaller parts:** Teach children how to break larger tasks into smaller, more manageable parts. This will help them avoid feeling overwhelmed and make it easier to manage their time effectively.
- d. **Use a timer:** Encourage children to use a timer to help them stay on track and manage their time effectively. This will help them learn how to work efficiently and meet deadlines.
- e. **Eliminate distractions:** Teach children how to eliminate distractions, such as social media or video games, during study time. This will help them stay focused and manage their time effectively.
- f. **Prioritize tasks:** Teach children how to prioritize tasks based on their importance and deadline. This will help them learn how to manage their time effectively and avoid procrastination.
- g. **Time management games:** Use time management games or apps to help children learn how to manage their time effectively. This will make learning fun and engaging for them.
- **4. Creativity:** Encouraging children to think creatively and outside the box can help them develop innovative solutions to problems and become more adaptable to change.
  - a. **Art projects:** Encourage children to express themselves through art projects such as painting, drawing, or sculpting. This will help them develop their creativity and imagination.
  - b. **Brainstorming sessions:** Organize brainstorming sessions where children can come up with new ideas and solutions to problems. This will help them learn how to think creatively and outside the box.
  - c. Role-playing: Encourage children to use their imagination and creativity by roleplaying different scenarios. This will help them develop their creativity and problemsolving skills.



- d. **Storytelling:** Encourage children to tell stories and use their imagination to create new characters and plotlines. This will help them develop their creativity and communication skills.
- e. **Creative writing:** Encourage children to write stories, poems, or songs. This will help them develop their creativity and writing skills.
- f. **STEM projects:** Encourage children to participate in STEM projects such as building robots or designing experiments. This will help them develop their creativity and problem-solving skills.
- g. **Free play:** Allow children to engage in free play where they can use their imagination and creativity to come up with new games and activities. This will help them develop their creativity and social skills.
- **5. Emotional intelligence:** Teaching children how to recognize and manage their emotions, as well as understand the emotions of others, can help them build strong relationships and succeed in various social situations.
  - a. Labeling emotions: Teach children how to label their emotions and recognize them in others. This will help them develop their emotional vocabulary and understand how emotions can affect behavior.
  - b. **Role-playing:** Encourage children to role-play different scenarios where they have to manage their emotions and understand the emotions of others. This will help them develop their empathy and emotional intelligence.
  - c. Mindfulness exercises: Teach children mindfulness exercises such as deep breathing or meditation. This will help them learn how to manage their emotions and stay calm in stressful situations.
  - d. **Positive self-talk:** Encourage children to use positive self-talk to manage their emotions and build self-confidence. This will help them develop their emotional intelligence and resilience.



- e. **Social skills training:** Teach children social skills such as active listening, empathy, and conflict resolution. This will help them develop their emotional intelligence and build strong relationships with others.
- f. **Emotional regulation strategies:** Teach children different strategies for regulating their emotions such as taking a break, talking to someone, or engaging in a calming activity. This will help them learn how to manage their emotions effectively.
- g. **Modeling behavior:** Model positive emotional intelligence behavior for children by expressing your own emotions in a healthy way and demonstrating empathy and understanding towards others. This will help children learn by example and develop their own emotional intelligence skills.
- **6. Critical thinking:** Encouraging children to think critically and analyze information can help them make informed decisions and solve complex problems.
  - a. Questioning: Encourage children to ask questions and challenge assumptions. This will help them develop their critical thinking skills and learn how to analyze information.
  - b. **Problem-solving activities:** Provide children with problem-solving activities such as puzzles, riddles, or brain teasers. This will help them develop their critical thinking skills and learn how to approach problems from different angles.
  - c. **Debate:** Encourage children to engage in debates and discussions where they have to analyze information and present arguments. This will help them develop their critical thinking and communication skills.
  - d. **Research projects:** Assign research projects where children have to gather information, analyze it, and present their findings. This will help them develop their critical thinking and research skills.
  - e. **Decision-making exercises:** Provide children with decision-making exercises where they have to weigh different options and make informed decisions. This will help them develop their critical thinking and decision-making skills.



- f. **Real-world scenarios:** Provide children with real-world scenarios where they have to analyze information and make decisions. This will help them develop their critical thinking and problem-solving skills in a practical context.
- g. Reflection: Encourage children to reflect on their own thinking and decision-making processes. This will help them develop their metacognitive skills and become more aware of their own critical thinking abilities.
- **7. Adaptability:** Teaching children how to adapt to new situations and environments can help them become more resilient and better equipped to handle change.
  - a. **Exposure to new experiences:** Encourage children to try new things and expose them to new experiences. This will help them develop their adaptability skills and become more comfortable with change.
  - b. **Role-playing:** Encourage children to role-play different scenarios where they have to adapt to new situations and environments. This will help them develop their problem-solving and adaptability skills.
  - c. **Flexibility exercises:** Provide children with flexibility exercises such as yoga or stretching. This will help them learn how to adapt to new physical environments and become more comfortable with change.
  - d. **Mindfulness exercises:** Teach children mindfulness exercises such as deep breathing or meditation. This will help them learn how to manage their emotions and stay calm in new or stressful situations.
  - e. **Positive self-talk:** Encourage children to use positive self-talk to manage their emotions and build self-confidence. This will help them develop their adaptability and resilience skills.
  - f. **Team-building activities:** Provide children with team-building activities where they have to work together to solve problems and adapt to new situations. This will help them develop their adaptability and collaboration skills.



g. **Reflection:** Encourage children to reflect on their own experiences and how they adapted to new situations. This will help them develop their metacognitive skills and become more aware of their own adaptability abilities.



# Amharic/ Oromiffa/ Tigrinya (Beginners aged 6 to 10)

Course Title: Beginner Amharic Immersion Course for Children

Course Duration: 8 weeks (Monday to Friday, 1 hour per day)

Course Description: This course is designed for children aged 6 to 10 who have little or no prior knowledge of Amharic. The course will provide an immersive learning experience that will help children develop basic listening, speaking, reading, and writing skills in Amharic.

# Course Objectives:

- To introduce children to the Amharic language and culture
- To develop basic listening, speaking, reading, and writing skills in Amharic
- To build children's confidence in using Amharic in everyday situations

### Course Outline:

### Week 1: Introduction to Amharic

- Greetings and introductions
- Basic vocabulary and phrases
- Alphabet and pronunciation

- Numbers and counting
- Colors and shapes
- Family and friends
- Food and drink
- Clothing and accessories



- Home and school
- Parks and playgrounds
- Sports and hobbies
- Transportation

# Week 6-7: Holidays and Celebrations

- Ethiopian holidays and traditions
- Birthdays and special occasions
- Songs and dances

#### Week 8: Review and Assessment

- Recap of all topics covered
- Assessment of listening, speaking, reading, and writing skills
- Certificate of completion



# Amharic/ Oromiffa/ Tigrinya (Beginners aged 6 to 10)

Course Title: Beginner Amharic Immersion Course for Children (Ages 11-14)

Course Duration: 8 weeks (Monday to Friday, 1 hour per day)

Course Description: This course is designed for children aged 11 to 14 who have little or no prior knowledge of Amharic. The course will provide an immersive learning experience that will help children develop basic listening, speaking, reading, and writing skills in Amharic.

# Course Objectives:

- To introduce children to the Amharic language and culture
- To develop basic listening, speaking, reading, and writing skills in Amharic
- To build children's confidence in using Amharic in everyday situations

### Course Outline:

### Week 1: Introduction to Amharic

- Greetings and introductions
- Basic vocabulary and phrases
- Alphabet and pronunciation

- Numbers and counting
- Colors and shapes
- Family and friends
- Food and drink
- Clothing and accessories



- Home and school
- Parks and playgrounds
- Sports and hobbies
- Transportation

# Week 6-7: Holidays and Celebrations

- Ethiopian holidays and traditions
- Birthdays and special occasions
- Songs and dances

#### Week 8: Review and Assessment

- Recap of all topics covered
- Assessment of listening, speaking, reading, and writing skills
- Certificate of completion



# Amharic/ Oromiffa/ Tigrinya (Advanced aged 6 to 10)

Course Title: Advanced Amharic Consolidation Course for Children

Course Duration: 8 weeks (Monday to Friday, 1 hour per day)

Course Description: This course is designed for children aged 6 to 10 who have some prior knowledge of Amharic and want to further develop their listening, speaking, reading, and writing skills. The course will provide an immersive learning experience that will help children consolidate their knowledge of Amharic and build their confidence in using the language in more complex situations.

### **Course Objectives:**

- To consolidate and expand children's knowledge of the Amharic language and culture
- To develop more advanced listening, speaking, reading, and writing skills in Amharic
- To build children's confidence in using Amharic in more complex situations

#### Course Outline:

### Week 1: Review and Consolidation

- Recap of basic vocabulary and phrases
- Revision of alphabet and pronunciation
- Introduction to more complex sentence structures

- Advanced vocabulary and phrases
- Expressing opinions and preferences
- Describing people and places
- Giving and receiving directions



- Advanced vocabulary related to home, school, and community
- Discussing leisure activities and hobbies
- Talking about past and future events

# Week 6-7: Culture and Society

- Ethiopian history and culture
- Current events and issues
- Expressing opinions and ideas

# Week 8: Review and Assessment

- Recap of all topics covered
- Assessment of listening, speaking, reading, and writing skills
- Certificate of completion



# Amharic/ Oromiffa/ Tigrinya (Advanced aged 6 to 10)

Course Title: Advanced Amharic Consolidation Course for Children (Ages 11-14)

Course Duration: 8 weeks (Monday to Friday, 1 hour per day)

Course Description: This course is designed for children aged 11 to 14 who have some prior knowledge of Amharic and want to further develop their listening, speaking, reading, and writing skills. The course will provide an immersive learning experience that will help children consolidate their knowledge of Amharic and build their confidence in using the language in more complex situations.

### **Course Objectives:**

- To consolidate and expand children's knowledge of the Amharic language and culture
- To develop more advanced listening, speaking, reading, and writing skills in Amharic
- To build children's confidence in using Amharic in more complex situations

#### Course Outline:

### Week 1: Review and Consolidation

- Recap of basic vocabulary and phrases
- Revision of alphabet and pronunciation
- Introduction to more complex sentence structures

- Advanced vocabulary and phrases
- Expressing opinions and preferences
- Describing people and places
- Giving and receiving directions



- Advanced vocabulary related to home, school, and community
- Discussing leisure activities and hobbies
- Talking about past and future events

## Week 6-7: Culture and Society

- Ethiopian history and culture
- Current events and issues
- Expressing opinions and ideas

#### Week 8: Review and Assessment

- Recap of all topics covered
- Assessment of listening, speaking, reading, and writing skills
- Certificate of completion



# Positive Thinking and Mindfulness

Course outline for a positive thinking and mindfulness course for children aged 6 to 14:

Course Title: Positive Thinking and Mindfulness for Children

Course Duration: 10 weeks (once a week, 1 hour per session)

Course Description: This course is designed to help children develop positive thinking habits and mindfulness skills that will help them manage stress, build resilience, and improve their overall well-being. The course will provide a safe and supportive environment for children to explore their thoughts and emotions, learn new coping strategies, and develop a positive mindset.

### **Course Objectives:**

- To help children develop positive thinking habits and attitudes
- To teach children mindfulness skills and techniques
- To help children manage stress and build resilience
- To improve children's overall well-being

#### Course Outline:

Week 1: Introduction to Positive Thinking and Mindfulness

- What is positive thinking?
- What is mindfulness?
- Benefits of positive thinking and mindfulness

## Week 2-3: Understanding Thoughts and Emotions

- Identifying different types of thoughts and emotions
- Understanding the connection between thoughts and emotions



- Learning to observe thoughts and emotions without judgment

## Week 4-5: Positive Thinking Habits

- Identifying negative thinking patterns
- Learning to reframe negative thoughts into positive ones
- Practicing gratitude and positive affirmations

## Week 6-7: Mindfulness Techniques

- Breathing exercises
- Body scan meditation
- Mindful movement and yoga

# Week 8-9: Coping Strategies

- Identifying stress triggers
- Learning to manage stress through mindfulness and positive thinking
- Developing healthy coping strategies

#### Week 10: Review and Assessment

- Recap of all topics covered
- Assessment of mindfulness and positive thinking skills
- Certificate of completion

Note: The course outline is subject to change based on the needs and interests of the students. The course can be adapted to different age groups and can include age-appropriate activities and exercises.



# Basic Coding (Programming) Skills for Kids

Course Title: Basic Coding (Programming) Skills for Kids

Course Duration: 8 weeks (once a week, 1 hour per session)

Course Description: This course is designed to introduce kids to the basics of coding (programming) and help them develop essential skills in problem-solving, logical thinking, and creativity. The course will provide a fun and interactive learning experience that will help kids build confidence in using technology and prepare them for future opportunities in the digital world.

# Course Objectives:

- To introduce kids to the basics of coding (programming)
- To develop problem-solving and logical thinking skills
- To encourage creativity and innovation
- To build confidence in using technology

# Course Outline:

Week 1: Introduction to Coding (Programming)

- What is coding (programming)?
- Why is coding (programming) important?
- Basic concepts and terminology

#### Week 2-3: Scratch Programming

- Introduction to Scratch programming language
- Creating simple animations and games
- Learning basic programming concepts (loops, conditionals, variables)



# Week 4-5: Web Development

- Introduction to HTML and CSS
- Creating a simple website
- Learning basic web development concepts (tags, styles, layout)

#### Week 6-7: Robotics and Electronics

- Introduction to robotics and electronics
- Building and programming a simple robot
- Learning basic electronics concepts (circuits, sensors, motors)

## Week 8: Review and Assessment

- Recap of all topics covered
- Assessment of coding (programming) skills
- Certificate of completion

Note: The course outline is subject to change based on the needs and interests of the students. The course can be adapted to different age groups and can include age-appropriate activities and exercises.